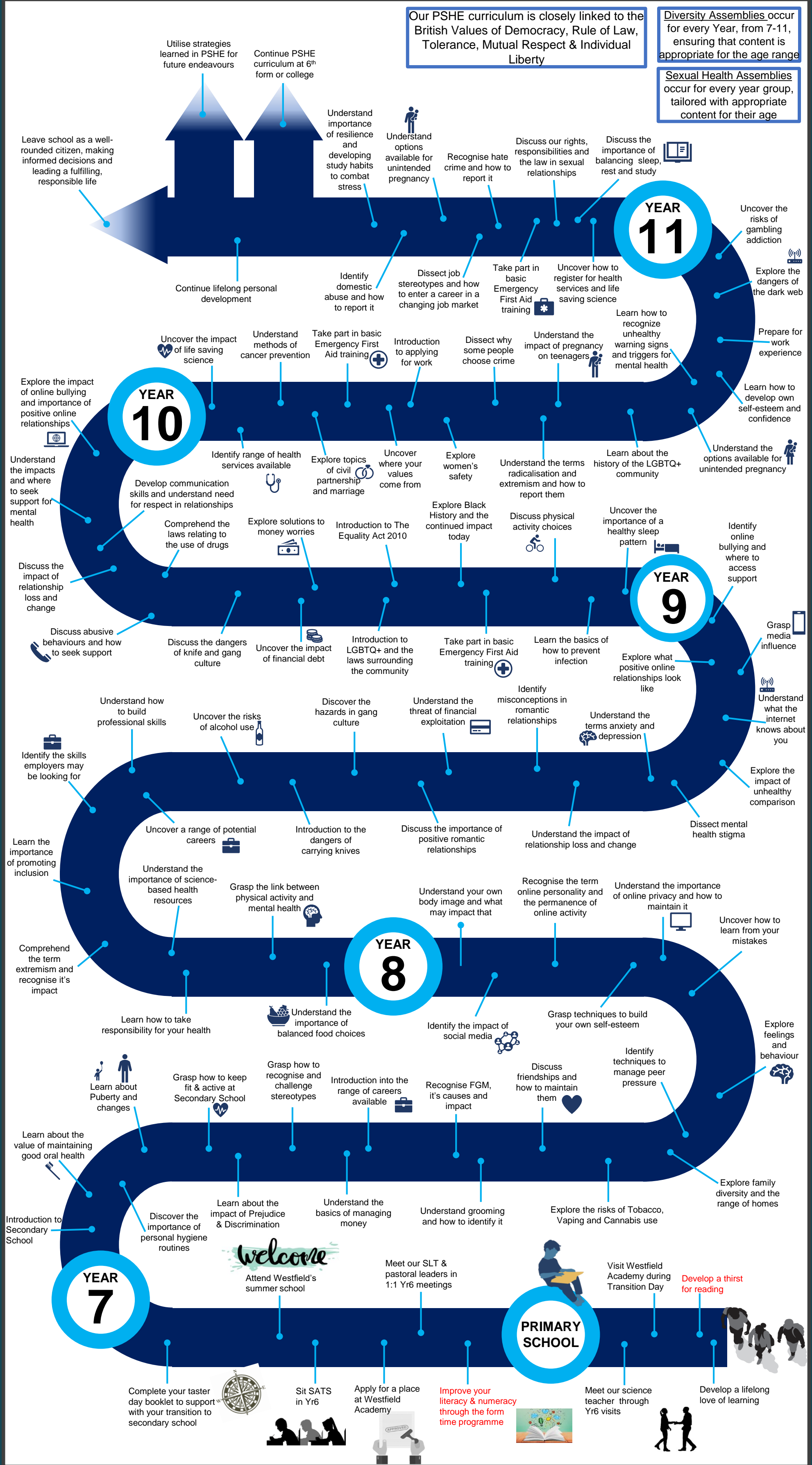


Our PSHE curriculum is closely linked to the British Values of Democracy, Rule of Law, Tolerance, Mutual Respect & Individual Liberty

Diversity Assemblies occur for every Year, from 7-11, ensuring that content is appropriate for the age range

Sexual Health Assemblies occur for every year group, tailored with appropriate content for their age



Leave school as a well-rounded citizen, making informed decisions and leading a fulfilling, responsible life

Utilise strategies learned in PSHE for future endeavours  
Continue PSHE curriculum at 6<sup>th</sup> form or college

Understand importance of resilience and developing study habits to combat stress

Understand options available for unintended pregnancy

Recognise hate crime and how to report it

Discuss our rights, responsibilities and the law in sexual relationships

Discuss the importance of balancing sleep, rest and study

**YEAR 11**

Uncover the risks of gambling addiction

Explore the dangers of the dark web

Prepare for work experience

Learn how to develop own self-esteem and confidence

Understand the options available for unintended pregnancy

Learn about the history of the LGBTQ+ community

Understand the terms radicalisation and extremism and how to report them

Explore women's safety

Uncover where your values come from

Explore topics of civil partnership and marriage

Identify range of health services available

Develop communication skills and understand need for respect in relationships

**YEAR 10**

Explore the impact of online bullying and importance of positive online relationships

Understand the impacts and where to seek support for mental health

Discuss the impact of relationship loss and change

Discuss abusive behaviours and how to seek support

Comprehend the laws relating to the use of drugs

Explore solutions to money worries

Introduction to The Equality Act 2010

Explore Black History and the continued impact today

Discuss physical activity choices

Uncover the importance of a healthy sleep pattern

Identify online bullying and where to access support

**YEAR 9**

Grasp media influence

Understand what the internet knows about you

Explore the impact of unhealthy comparison

Dissect mental health stigma

Understand the impact of relationship loss and change

Recognise the term online personality and the permanence of online activity

Understand your own body image and what may impact that

Discuss the importance of positive romantic relationships

Introduction to the dangers of carrying knives

Grasp the link between physical activity and mental health

Uncover a range of potential careers

Learn the importance of promoting inclusion

Comprehend the term extremism and recognise it's impact

**YEAR 8**

Uncover how to learn from your mistakes

Explore feelings and behaviour

Explore family diversity and the range of homes

Identify techniques to manage peer pressure

Discuss friendships and how to maintain them

Recognise FGM, it's causes and impact

Understand grooming and how to identify it

Understand the basics of managing money

Grasp how to recognise and challenge stereotypes

Grasp how to keep fit & active at Secondary School

Learn about Puberty and changes

Learn about the value of maintaining good oral health

Discover the importance of personal hygiene routines

Learn about the impact of Prejudice & Discrimination

Understand the basics of managing money

Understand grooming and how to identify it

Understand the basics of managing money

Explore the risks of Tobacco, Vaping and Cannabis use

**YEAR 7**

welcome

Attend Westfield's summer school

Meet our SLT & pastoral leaders in 1:1 Yr6 meetings

**PRIMARY SCHOOL**

Visit Westfield Academy during Transition Day

Develop a thirst for reading

Complete your taster day booklet to support with your transition to secondary school

Sit SATS in Yr6

Apply for a place at Westfield Academy

Improve your literacy & numeracy through the form time programme

Meet our science teacher through Yr6 visits

Develop a lifelong love of learning